

Rebirthrite:

Come from the Earth,
Go back to the Earth



September 24 th 1 - 4pm

At Thirdmessenger's Sanctuaria in Asheville

Rebirthrite: Come from the Earth, Go back to the Earth

Sept 24, 1- 4pm. Rain date Sunday, Sept 25

Guides Maria Epes, Said Osio

FEE \$33

This workshop is a passage or journey of being with dying as a direct doorway to our impermanence, our rebirthrite. It begins with a ritual celebration of the great mother earth, a meditation on the richness of being in communion with nature and our birthright as being human.

Each person brings an assortment of meaningful materials / objects to build an altar in the garden, honoring the impermanence of all life, especially their own. Nature at the end of life, rituals around decay, the many ways of thinking about death, each has a haunting combination of literalness and mystery.

Upon completion, each participant may write on a piece of handmade paper provided. Then the group will visit each altar, when the creator may share what she wishes; each altar will be photographed as a memory.

The workshop will close with walking the garden in silence when each person will leave the objects that naturally disintegrate, that belong to the earth, and will take away any that will not. Being in harmony with the breath of existence, all become in harmony with the sacred art of being with dying.

Dust to dust

dive into the Earth.

The Earth that has fed you

now will eat you.

Know it

in your bones.



WHERE: The gardens of Sanctuaria our new venue at

15 Spring Cove Rd in Asheville serves as an informal space, a dedicated caring environment serving those in our community who are called into embracing impermanence, Being with Dying; honoring the reality that we are part of each other's journey.

Sacred spaces are as passages into the only constant on the gross plane Change. Sanctuaria is a space for building community by bringing people together through inner practices of spirit mind-body, creativity, play, movement, music, imagery and ENERGY.



WHO: Workshop guides Maria Epes and José Said Osio

Maria, A deep commitment to celebrating the mysteries of death has been at the center of the art of Maria Epes since her childhood when her own father died. Installations delving into aspects of ritual and how we integrate death into life persist throughout her work; she built her own coffin and shroud, the centerpiece of her retrospective in Barcelona. Her installations in New York City galleries included burial grounds, reliquaries, offering bowls, ceremonial entryways and altars. She has honored the impermanence of all life with altars in the mountains of Virginia, West Virginia and North Carolina. Here in Asheville, she has created altars in her garden and an artist's book on her choices for natural burial: "The Desire to Disintegrate with Dignity."

Jose Sa'id, Founder of Thirdmessenger and Spring Cove Sanctuaria a space/studio for inner work and healing for anyone called into End of Life dynamics. Said, is certified as a Sacred Passage End of Life Doula through the Conscious Dying Institute in Boulder. Third Messenger is a group of activists using creativity as its platform including health professionals which brings into community events and performance art around end of life conversations such as Before I Die Wall, Death Cafe, Dying to Live Improv Theatre and Third Messenger Radio Hour. He is also a senior teacher, artist, and retreat guide trained by late Sufi master Pir Vilayat Khan in the Alchemical Retreat process. Its mission is to build community by bringing people together through creativity and imagery in order to serve the needs of the suffering and support all helping souls with loving kindness..

Dates: September 24 2016

at the Sanctuaria, 15 Spring Cove Rd, North Asheville, NC
1 pm to 4:00 (rain date September 25)

Due to the nature of this special offering, we are working with an intimate small group, so PLEASE register early.

Please RSVP via email to saidosio@gmail.com To register and pay online with paypal go to thirdmessenger.com events or make check payable c/o or call: Said Osio /828 450 5188
15 Spring Cove Rd Asheville NC 28804

Cost of workshop: \$33 (no one turned away/ let us hear from you) .

The cost of workshop supports the expenses of running Sanctuaria.

Reserving a space by payment is required or paypal at thirdmessenger.com.

REGISTRATION FORM

Name:
Address:
Email:
Telephone#

saidosio@gmail.com or phone Said at

828 450 5188

see thirdmessenger.com

