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ASHEVILLE NC:
SACRED PASSAGE:
END OF LIFE
DOULA
CERTIFICATE -
PHASE I~FEB 23-25,
2018 & PHASE
II~MAY 25-29, 2018

Friday, February 23, 2018, 9:00 AM -
Tuesday, May 29, 2018, 7:00 PM

Sanctuary in the Pines
34 Lake Cove Road, Flat Rock, NC,
28731, United States ([map](#))

**NEW 3 DAY WORKSHOP FEB 23-25 "END OF LIFE DOULA
CERTIFICATE PHASE 1" LIMITED ENROLLMENT NOV 1-22 \$995.00**

REGISTER NOW -- \$500 OFF FULL PRICE THRU DEC 7



End Of Life Doula Certificate©

Enroll for Sacred Passage Program

Sacred Passage Guidance: End of Life Doula Certificate offering 66 CEUs.

PHASE I: February 23-25, 2018

PHASE II: May 25 - 29, 2018 Asheville, NC USA

** This is a two-part program, so registration for Phases I and II is required (currently offering special promotion for 3 Day workshop). It is held in the beautiful retreat center, **Sanctuary in the Pines**, in Flat Rock, NC. If you don't have other lodging arrangements, we invite you to make arrangements there to fully take advantage of the shared retreat setting.*

The Sacred Passage Doula Certificate Program program benefits all those involved in the care of life, love, family, and healing. From healthcare professionals to concerned family members to end-of-life experts, this provides the preparation needed to befriend death, surrender and trust deeply in each moment, become part of the next great evolution in healthcare, and become a supportive and effective end-of-life companion.

For those wishing to dive even deeper with a calling to teach this work, you may also **enter the Conscious Dying Institute Master's Path** . Total cost of the CDE (Conscious Dying Educator certificate) is \$4595.00 and includes the Doula Certificate. If you have already completed the Doula Certificate, cost is \$1595.

What is a Sacred Passage Doula?

End of Life Doulas are frontline caregivers who offer healing care to families and patients during critical illness and the dying process. They work individually or in teams, being available around the clock, filling the care-gaps before, nearing and during death. Their compassionate presence increases quality life-moments of the families and patients they serve. The presence of an end of life Doula at bedside assures that families and loved ones can focus on what is most important throughout the dying time.

Who Is It For?

Frontline staff, nurses, clinicians, healing arts professionals, home and family caregivers, or anyone wishing to serve at the end of life, including those interested in exploring their own mortality and desiring to deepen their present moment awareness and full experience of life.

How Does It Work?

The *Sacred Passage Doula Certificate Program* changes end of life care by transforming caregivers who return the emotional, spiritual, physical, practical care and loving experience they receive to the patients and families they serve. It prepares caregivers to be authentically present, communicate with vulnerability, honesty, and compassion and administer palliative-based comfort care healing modalities to anyone, in any setting, regardless of health status.

Sacred Passage Doula, Phase I & II

This is a 2-phase program leading to the Conscious Dying Institute's **Sacred Passage Doula Certificate**. It offers **66 Continuing Education Credits (CEU's) and the workshops are not offered separately**. Both retreats are non-residential, which means they do not include housing.

The program is designed to bring the caregiver into a deeper understanding of, and peace with, his or her own mortality. After all, it is hard to comfort the dying if the comforter is feeling fear. Through live music, restorative and releasing

“practices for death”, vision mapping for end-of-life, grief and forgiveness activities, and other clinically-tested tools, participants heal their own sense of separation and isolation from life, and death.

From this place of greater self-understanding, there is a far greater capacity for holding one another, listening attentively, being open and honest, and offering forgiveness and love. In this setting, transformational, evidence-based, caring and healing practices are taught through the *Caring Science Theory* of Dr. Jean Watson and *Conscious Dying Principles and Practices* of Tarron Estes.

Program Results:

- Moving from *curative care* to *healing care*
- Creating *vitality* instead of *physical exhaustion*
- Offering *supported conversations* instead of *challenging topics*
- Making space for *beauty-filled visions* and *Best Life Care plans* instead of unexpressed wishes
- Transmuting *unexpressed feelings* into *life satisfaction and completion*
- Implementing complimentary therapies in 5 domains of life: Spiritual, Emotional, Physical Place/Comfort, and Practical
- Creating *caring healing environments* for patients and staff
- Create *caring healing relationships* that nurture self and others
- Creating *caring communication and conversational confidence* with staff, residents, patients and families regarding care choices at end of life
- Facilitating sharing of stories of grief, loss, miracles, mysteries and unexplainable events with family, staff, and patients
- Administering *life completion practices* including forgiveness, gratitude, legacy, grief work.

Participants will be able to implement the **Conscious Dying Principles and Practices:**

- Increase beauty, pleasure, contentment
- Provide emotional and spiritual support
- Initiate conversations about the dying process
- How and when to practice self care to reduce burnout and emotional fatigue
- Demystify the stages of the dying process
- Acknowledge mysteries, miracles, and unexplained events
- Learn how to be with intense emotions, in self and others
- How to honor other's beliefs without them threatening your own
- Be a Steward of a conscious death
- Attend at bedside so that no one dies alone

About the Practicum

Between Phase I and II all participants will take a 3-month practicum under faculty guidance. We call this the '**Best Three Months: End of Life Coaching and Care Planning (B3M)**'. This is for you to learn family, patient, caregiver, community engagement and life fulfillment assignment. is a family, patient, caregiver, community engagement and life fulfillment assignment. Students learn to identify priorities in 5 domains of life and create care plans guided by the end of life wishes and choices of patients and families facing critical illness and death. Completion of the practicum is a required, with students working with a classmate and 2 additional members of their community.

Program Overview & Unique Benefits and Outcomes of the Sacred Passage: End of Life Doula Certificate

1. Spiritual, Emotional, Physical, Life Purpose & Review and After Death Rituals and Care
2. Support and Development of End of Life Doula Practice
3. Strategic Visioning and Doula Practice Planning, Conscious Dying Institute Branding and Marketing materials, Your Profile Listing on End of Life Doula Directory

Registration for End of Life Doula Certificate

To register, please click the “register” button below. The total price of Phase I, Phase II, and the practicum in between is \$2,995, and payment plans and early bird discounts may be available.

REGISTER NOW -- \$500 OFF FULL PRICE THRU DEC 7

Retreat times are 9am - 5pm or 9am - 8pm, with breaks for lunches and dinners. Exact schedules and itineraries will be provided at registration.

Both retreats are non-residential, which means they do not include housing.

If you would like more information, please contact us at: info@consciousdyinginstitute.com.

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Refund / Cancellation Policy: If for any reason you need to cancel your attendance for this event, we will happily reschedule for another program within 12 months.

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Earlier Event: January 12

Micanopy, FL: 2018 Sacred Passage: End Of Life Doula Certificate, Phase I~Jan 12-14& Phase II~Apr 25-29

Later Event: February 23

Asheville, NC | Conscious Dying Educator Certificate | EOL Doula Certificate REQUIRED | 2018 Conscious Dying Educator Certificate, Phase I~Feb 23-25, Special Project, Phase 2~May 23-27

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CONSCIOUS DYING INSTITUTE
Start with the End in Mind